### When and who should you contact?

- Six months or less before discharge, reach out to your transition service office (TSO).
- Any time after discharge, no matter your location, you can reach out to a national service office (NSO) by looking one up at benefitsquestions.org.

### What should you bring?

- A copy of all service medical and treatment records.
- A copy of all nonmilitary private practice medical and treatment records.
- A copy of all dental records.
- If applicable, a copy of your marriage certificate and children's birth certificates or adoption decrees.
- Dependents' Social Security numbers.
- Direct deposit information.
- A copy of any prior DD-214s.



#### Interested in learning more?

Check out our videos that can help with your transition. They can be viewed by going to dav.org and clicking on DAV videos in the Learn More tab.

- ► Types of VA benefits
- ▶ Seven ways to service-connected disability
- ► Who should file a VA claim
- ► How to file a VA claim
- ▶ What to expect after filing a VA claim
- ► C&P Exams
- ► Determining VA disability ratings
- ▶ What to expect after receiving your VA claim decision

To learn more about our organization, text DAV to 859-888-1643.



Message and data rates may apply. Text HELP to 859-888-1643 for help. Text STOP to 859-888-1643 to cancel. For terms and privacy, visit dav.org/privacy-policy/general-privacy-policy.

### **NATIONAL HEADQUARTERS**

860 Dolwick Drive Erlanger, KY 41018 859-441-7300

benefitsquestions.org





# Transition Service Program

Need guidance making the transition from military service?

DAV offers claim filing assistance and transition support, at no cost to veterans.

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#### **Our Mission**

We are dedicated to a single purpose: empowering veterans to lead high-quality lives with respect and dignity. DAV does this by ensuring that veterans and their families can access the full range of earned benefits available to them, fighting for the interests of America's injured heroes on Capitol Hill, providing access to employment resources, and educating the public about the great sacrifices and needs of veterans transitioning back to civilian life.

### How we accomplish our mission

- More than 100 offices throughout the U.S. and in Puerto Rico.
- Nearly 300 national and transition service officers who are wartime injured and ill veterans themselves.
- Counsel and representation for service members and their families with claims for benefits from the VA, DOD and other government agencies.
- Continual training to stay up to date on changes in all laws and regulations affecting benefits.

# Why is it important to speak with a DAV representative before discharge?

As you prepare to transition from military service, the decisions made now will affect your future in many ways. DAV is here to help and assist you.

### How can DAV assist in your transition?

- Reviewing your service treatment records to identify conditions that may warrant disability compensation by the VA.
- Explaining the claims process, assisting in completing forms and presenting all claims information for you to the VA.
- Representing your claims during their adjudicative and possible appeals processes.

### What is disability compensation?

A VA monetary tax-free benefit paid for an illness or injury incurred or aggravated by active military service, known as a "service-connected disability."

### **Examples that may warrant compensation**

- Hearing loss
- Erectile dysfunction or infertility
- Gastroesophageal reflux disease
- Irritable bowel syndrome
- Ulcers
- Anxiety and depression
- Sleep apnea
- Migraines and headaches
- Arthritis
- Fractures
- Dermatitis or eczema
- Meniere's syndrome
- Sinusitis
- Vertigo

## Other areas service connection may make a difference

- Federal employment preference
- Vocational readiness and employment benefits
- VA home loan guarantees
- Health care at the VA
- VA life insurance
- Property tax exemptions
- Educational tuition waivers
- State and local benefits
- Death benefits for your family

### Did you know?

Only **37%** of veterans claimed they **knew what benefits they are eligible for** and how to access them.

Only **44%** reported that they've received the benefits they were promised.

SOURCE: DAV VETERANS PULSE SURVEY, VIEW ONLINE AT VETERANSPULSE.ORG

